



Tiger Café



Monday December 3, 2018

- Breakfast Bistro** Breakfast Hash with Chorizo, Cage Free Eggs and Fresh Salsa
- Garden Organic Side** Organic Roasted Root Vegetables
- Sandwich Favorite** Roast Beef and Cheddar Cheese on Sourdough Roll with Lettuce and Tomato
- Kitchen Table** Spaghetti and Meatballs with Marinara Sauce, Roasted Tri-Color Capay Farms Cauliflower and Garlic Bread
- Live Well** Zucchini Zoodles with Organic Veggies and Marinara Sauce
- Tossed** Roasted Beets with Wild Rocket Arugula with Goat Cheese and Red Wine Dressing

Café Service Hours

- Breakfast 7:30-8:30
- Morning Snack 9:20-9:30
- Lunch 11:15-12:15
- Afternoon Snack 1:20-1:30



Tuesday December 4, 2018

- Breakfast Bistro** Cage Free Scrambled Eggs with Applewood Smoked Bacon and Hash browns
- Garden Organic Side** Organic Black Beans
- Sandwich Favorite** Caprese Sandwich with Fresh Mozzarella, Roma Tomatoes and Fresh Basil on Focaccia
- Kitchen Table** Turkey and Cheese Enchilada Casserole with Fresh Salsa and Sour Cream
- Live Well** Potato and Cheese Enchilada Casserole with Fresh Salsa and Sour Cream
- Tossed** Apple and Farro Salad with Bloomsdale Spinach and Honey Lemon Vinaigrette

Soup de Jour

Monday

Chicken and Dumpling Soup

Tuesday

Grass Fed Beef Chili with Corn Bread

Wednesday

Tomato Bisque with Fresh Basil

Thursday

Garden Vegetable Soup with Fresh Herbs

Friday

New England Clam Chowder



Wednesday December 5, 2018

- Breakfast Bistro** Cage Free Breakfast Burritos with Country Sausage and Hash Browns
- Garden Organic Side** Roasted Tri-Color Cauliflower
- Sandwich Favorite** Grilled Chicken Caesar Wrap with Ratto Ranch Chopped Romaine, Garlic Croutons and Parmesan Cheese
- Comfort Food Day** Loaded Fries with Cheese, Bacon, Green Onions, Fresh Salsa and Sour Cream
- LiveWell** Pesto and Spinach Stuffed Tomatoes with Mozzarella Cheese
- Tossed** Fresh Fruit Salad
- Sweet Treats** Cinnamon Sugar Churros

Café Promotions

Join us in the café for special December promotions!

[Dessert is Served Every Wednesday](#)

This Week its Cinnamon Sugar Churros

Starting your day with a healthy breakfast is the best way to achieve greatness! We have a variety of breakfast options every morning, so come check us out!

Thursday December 6, 2018

- Breakfast Bistro** Driscoll Farms Blueberry Pancakes with Lemon Whipped Cream and Applewood Smoked Bacon
- Garden Organic Side** Steamed Broccoli
- Sandwich Favorite** Build Your Own Sandwich Bar with a Varsity of Meat, Cheese and Bread with Lettuce, Tomato
- Global Adventure** Teriyaki Chicken with Organic Jasmine Rice
- LiveWell** Teriyaki Tofu with Organic Jasmine Rice
- Tossed** Gorgonzola and Pear Salad with Mixed Greens and Balsamic Dressing

Friday December 7, 2018

- Breakfast Bistro** Suns Up Cage Free Egg and Cheddar Cheese Sandwich with Black Forest Ham and Hash Browns
- Garden Organic Side** Roasted Brussel Sprouts
- Sweet Treats** Holiday Sugar Cookies and Hot Chocolate
- Holiday Menu** Roast Beef with Au Jus and Potatoes Au Gratin
- LiveWell** Herb Roasted Tofu with Potatoes Au Gratin
- Tossed** Classic Caesar Salad with Chopped Romaine, Fresh Parmesan and Garlic Croutons

Epicurean Group at Notre Dame

Menu Key

Executive Chef Leo Quintero
Leo.quintero@Epicurean-Group.com



EPICUREAN GROUP
fresh. honest. local.

	Free - Range		Vegetarian
	Organic		Vegan
	Grass - Fed		Gluten Free
	Cage - Free		

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